

Attention-deficit/hyperactivity disorder (ADHD)

What are the symptoms of ADHD?

Predominantly Inattentive Type

- Fails to give close attention to details or makes careless mistakes.
- Has difficulty sustaining attention.
- Does not appear to listen.
- Struggles to follow through on instructions.
- Has difficulty with organization.
- Avoids or dislikes tasks requiring sustained mental effort.
- Loses things.
- Is easily distracted.
- Is forgetful in daily activities.

Predominantly Hyperactive/Impulsive Type

- Fidgets with hands or feet or squirms in chair.
- Has difficulty remaining seated.
- Runs about or climbs excessively.
- Difficulty engaging in activities quietly.
- Acts as if driven by a motor.
- Talks excessively.
- Blurts out answers before questions have been completed.
- Difficulty waiting or taking turns.
- Interrupts or

Is ADHD keeping you from living the life you deserve?

What is ADHD?

Attention-deficit/hyperactivity disorder (ADHD) is a developmental disorder diagnosed in children, adolescents, and adults. ADHD is characterized by one or more of the following behaviors: inattention, hyperactivity, and/or impulsivity.

Do You Have ADHD?

- If six or more symptoms are present for at least 6 months, you may have ADHD.
- Official diagnosis should

ADHD has the potential to negatively affect your personal, relational, vocational, and spiritual life!.....

We Can Help!

**BACHMANN
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"Where the goal of treatment is to help you build a better life"

"Share each other's burdens, and in this way obey the law of Christ."

How do you treat ADHD?

Treatment should be comprehensive, incorporating some of the following elements:

- Education about AD/HD
- Professional Therapy
- Medical Assistance
- Medication Management
- Lifestyle Changes
- Behavioral Therapy
- Appropriate Changes in Work Function
- Methods to Improve Interpersonal Relationships
- Education on Improving Health Habits

What are the facts?

- 3%-7% of children suffer from ADHD.
- 2%-5% percent of the adult population suffers from ADHD.
- ADHD is diagnosed approximately three times more often in